

# *Proposed SUMMER '08 Support Group Leadership Training & Orientation Series at Hillside Christian Church*

*Danny Mize Support Groups Pastor 457-4951*



## ***Overview:***

- The training and orientation series includes eleven meetings. Each meeting will be two hours long.
- The series is required for those interested in a filling a leadership role in the support group ministry at HCC.
- An application and interview process will be required for participants who want to fill a leadership role in support groups at Hillside.
- There will be no cost for the series, but a textbook will be required. *A Hunger For Healing*, by J. Keith Miller, can be purchased in class for \$15.00. An extensive notebook is provided at no charge.
- The training series for the summer of 2008 will meet on Sundays **EITHER** from 3:00 – 5:00 p.m. **OR** from 5:00 – 7:00 p.m. in room 403 at Hillside Christian Church. Potential group members will have a voice in which time the group meets. **NOTE: the last meeting** will run from 3:00 – 7:30 pm and includes supper.

## ***Format of the Training Series meetings:***

- Thirty minutes will be focused on group time. Early in the series, the group time will be at the beginning of the meeting, to promote sharing of life that will allow participants to bond with each other. Later, this group time will be moved to the end of the two-hour meeting, allowing a realistic group experience that will give participants opportunity to reflect on the topic of the evening and share their own feelings.
- Thirty minutes will be devoted to training material on twelve different topics from PowerPoint presentations offered by Danny Mize. Appropriate handouts will be provided.
- Forty minutes will be spent listening to an audio recording from the Willow Creek Church series, “*Do You Have What It Takes To Grow?*” This powerful series is a Christian examination and application of the Twelve Step material. Fill-in-the-blank handout sheets will serve as a listening guide for participants.
- Twenty minutes of group processing will follow the audio presentation, allowing participants to discuss and apply the principle of the day to their own life and to their own area of support group interest.

## ***Requirements of the Training Series:***

- Everyone interested in participating in the *Support Group Leadership Training & Orientation Series* will complete an application. Applications will be evaluated by the appropriate staff members at HCC, who will hold all information on the applications confidential. An interview will take place before the end of **or** soon after the series. Invitations to participate in support group leadership will be offered at the end of the training series based on the application, interview, and participation in the leadership series.
- This will be a **closed group** and participants will be required to complete the eleven sessions of training. The first and last meetings of the series cannot be missed – participants must be available to attend those two. No more than two of the remaining nine meetings can be missed by a participant.
- Absences must be made up by listening to the audio presentation missed, completing the listening guide, and meeting with Support Groups Pastor, Danny Mize, to view and discuss the PowerPoint topic missed.

## ***Placement in a Support Group Leadership Role:***

- Completion of the training series does not guarantee automatic placement in a support group leadership role. Placement will be based on current need and staff evaluation of a person’s readiness for leadership.
- Participants who complete the leadership training series may be required to serve as an intern in partnership with an experienced support group leader.

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***Proposed Schedule Summer '08 Support Group Leadership Training & Orientation Series***

<b>Date</b>	<b>Training Topic</b>	<b>Audio Session Content</b>
Jun 8	Series and notebook overview; Introductions	Audio series described
Jun 15	Some basics about support groups; Our commitment	#1 I'm Not In Control
Jun 22	The value of support groups; Guidelines we'll follow	#2 I Admit My Need For Help
Jun 29	Group dynamics and effective listening skills	#3 Turning Our Lives Over
Jul 13	Facilitating adult support groups	#4 Developing Your Moral Inventory
Jul 20	Setting and maintaining boundaries	#5 Telling Somebody
Jul 27	When and how to make referrals for additional help	#6 Asking God To Remove Shortcomings
Aug 3	The impact of learning styles on the group process	#7 Making Amends
Aug 10	More about the importance of listening in the group	#8 Taking A Personal Inventory
Aug 17	Being supportive all year (anniversaries & holidays)	#9 Conscious Contact With God
Aug 24 <b>Extended</b>	Taking care of yourself; Role-play experiences Series evaluation & graduation (finish by 7:30 p.m.)	#10 Carrying The Message

(we will not meet July 6<sup>th</sup> since it is the end of the 4<sup>th</sup> of July weekend)

**Reading Assignments** from our textbook, *A Hunger For Healing* by J. Keith Miller

Jun 15	Read through page 30
Jun 22	Read through page 43
Jun 29	Read through page 57 & Appendix B
Jul 13	Read through page 83
Jul 20	Read through page 106
Jul 27	Read through page 129
Aug 3	Read through page 162
Aug 10	Read through page 176
Aug 17	Read through page 194
Aug 24	Read through page 233